



UNNAT BHARAT ABHIYAN

PARTICIPATING INSTITUTE

SARDAR VALLABHBHAI NATIONAL INSTITUTE OF TECHNOLOGY, SURAT

PROGRESS REPORT

JULY, 2020

UBA Coordinator's Name: Dr. Krupesh A. Chauhan

UBA Co-Coordinator's Name: Dr. Shweta N. Shah

Email: uba@svnit.ac.in

Phone Number: 0261 220 4303

Sr. No.	ADOPTED VILLAGES	TALUKA(Block)	DISTRICT
1	MORA	CHORYASI	SURAT
2	RAJAGARI		
3	SUVALI		
4	JUNAGAM		
5	BHATLAI		

List of Activities:

ACTIVITY 1:

Title of the Activity: Webinar on “My Life My Yoga: 3 Step Rhythmic Breathing”, Aatma Nirbhar Bharat & FIT India Movement” for healthy mental & physical fitness through rhythmic breathing technique (3SRB)..

Need of the Activity: Unnat Bharat Abhiyan Cell, SVNIT, Surat has organized a webinar for improving of mental & physical health and fitness through rhythmic breathing technique and invited to all UBA participating Institutes, UBA adopted villagers and volunteer citizens from Surat city.

Brief Description (Need/Impact/Action/Picture (if any)): This webinar has been organised at 6 pm to 7 pm on every Thursday of moth of June, 2020 with a view to



circulate the knowledge, benefits of Yoga, Rhythmic Breathing Exercises in health and fitness.

Speaker: Dr. Krupesh A. Chauhan, UBA Coordinator, UBA Cell, SVNIT, Surat

Email: kac3srb@gmail.com

Mob: +91 97277 12357

Join Webex Meeting by clicking on the following link (Common for every Thursday)

<https://meetingsapac13.webex.com/meetingsapac13/j.php?MTID=mcd681bcc10c61970a2ee496234983fd0>

Sr. No.	Date of Webinar	Topic of Webinar	Venue	Participants
1	2 nd June, 2020	Webinar on “My Life My Yoga: 3 Step Rhythmic Breathing”	Cisco Webex Meetings	15
2	9 th June, 2020	Webinar on “My Life My Yoga: 3 Step Rhythmic Breathing”	Cisco Webex Meetings	18
3	16 th June, 2020	Webinar on “My Life My Yoga: 3 Step Rhythmic Breathing”	Cisco Webex Meetings	25
4	23 rd July, 2020	Webinar on “My Life My Yoga: 3 Step Rhythmic Breathing”	Cisco Webex Meetings	22
5	30 th July, 2020	Webinar on “My Life My Yoga: 3 Step Rhythmic Breathing”	Cisco Webex Meetings	22

The report of webinar on “My Life My Yoga: 3 Step Rhythmic Breathing, Aatma Nirbhar Bharat & FIT India Movement” are as follow:

Unnat Bharat Abhiyan, Participating Institute, SVNIT, Surat has organized webinar on “My Life My Yoga: 3 Step Rhythmic Breathing, Aatma Nirbhar Bharat &



FIT India Movement” by Cisco Webex Meetings application and invited all faculties and students of Institutes across the India UBA Participating Institutes, UBA adopted villagers, Volunteers from Surat City to participate in program for healthy mental & physical fitness through rhythmic breathing technique (3SRB).

UBA Cell, SVNIT, Surat has used Cisco Webex meetings platform with a view to create awareness among participants of various fields to use online webinar platforms like Zoom Cloud Meetings, Cisco Webex Meetings, Google Meet etc. whereas peoples have not to go anywhere to attend but they can participate in webinar with help of installed application in their Mobile / PC / Laptop.

- 1) Dr. Krupesh A. Chauhan, has started the webinar on 5:55 P.M. on every Thursday with heartily welcomed to all participants and given introduction of UBA Cell, SVNIT, Surat and spread the message to purchase and use Local and participate in “Aatma Nirbahar Bharat Abhiyan” as given by Hon’ble Prime Minister Shri. Narendra Modi for fighting against Corona Virus.

He has also instructed to all the participants to follow the “I too, am a Corona Warrior” the awareness program launched by Government of Gujarat.

- 2) Dr. Kruepsh A. Chauhan has described and explains the content of workshop of Total Health and explained various breathing exercises for improving mental as well as physical health. They had also guided exercises which can help our body to fight against Corona Virus with help of PPTs and reference Video and created awareness on FIT India Movement.

- 1) Scribe: Shri. S. N. Tavariya Sir
- 2) Role of ATR (Attentive Tension Relaxation Exercise)
- 3) Introduction: 3SRB (3 Step Rhythmic Breathing)
- 4) Refining Exercise
- 5) Sharing / Questions

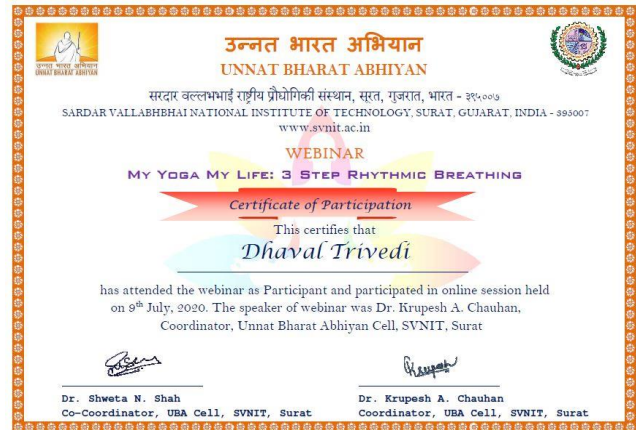
- 3) All participants have shared their experiences and benefits from Webinar Workshop and got solutions on their various questions related to 3SRB exercises by Dr. Krupesh A. Chauhan.

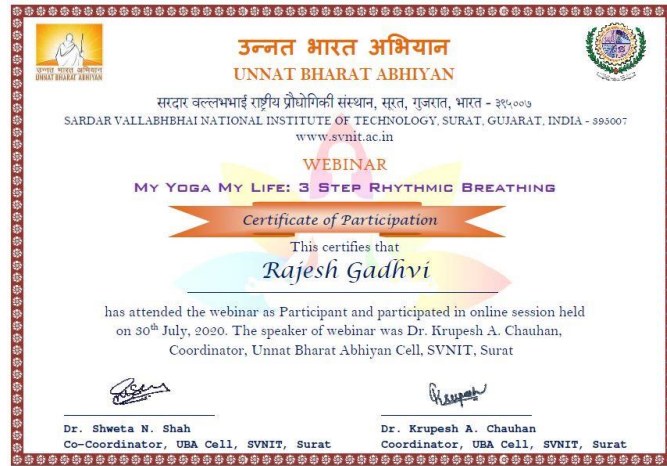
- 4) All participants have appreciated the work and efforts of UBA Cell, SVNIT, Surat for organising of webinar on “My Life My Yoga: 3 Step Rhythmic Breathing” program as part of FIT India Movement.

- 5) UBA Cell, SVNIT, Surat has provided the E-Certificate to all the Participants of Webinar.



6) The program has concluded with a view to meet for webinar on regular weekly basis on probably on every Thursday. The reference photo of E-Certificates, provided to all participants for every webinar.





Photographs of Webinar: “My Life My Yoga: 3 Step Rhythmic Breathing”, Aatma Nirbhar Bharat & FIT India Movement” hosted by UBA Cell, SVNIT, Surat held on every Thursday.


My Life My Yoga: 3 Step Rhythmic Breathing

Organized by
Unnat Bharat Abhiyan Cell
S. V. National Institute of Technology, Surat.

Webinar
02nd July 2020, Thursday

Presentation By
Dr. Krupesh A. Chauhan
Coordinator UBA cell, SVNIT, Surat, Gujarat.
Mob:97277 12357
E-Mail – kac@ced.svnit.ac.in

COVID-19 Lockdown



“Be Vocal about Local”

Aatm Nirbhar Bharat

Scribe: Shri S. N. Tavaría Sir


|| Om Satyam Param Dhimahi ||

Education

- B.E Mechanical Engineering
- B.E Electrical Engineering
- Master of Arts
- Mastery in Homeopathy with new perception

Books Written

- Yoga Sutra – Explanation and Exposition
- The Purpose of Birth and Death
- The inner Discipline
- Lectures on Yoga (Discourses-I,II,III,IV)



2nd March 1920 –
29th May 1994

Motto:
Breathe in Love
Breathe out Forgiveness



Chandrabhedan Pranayam

Method:

- Rhythm: 36 breathes per minute

Steps:

- A) block the right nostril with thumb and breathe in 1-2-3 from the left nostril.
- B) block the left nostril and breathe out 5-6 from the right nostril.
- repeat this cycle.

Note: We do not breathe in from the right nostril.

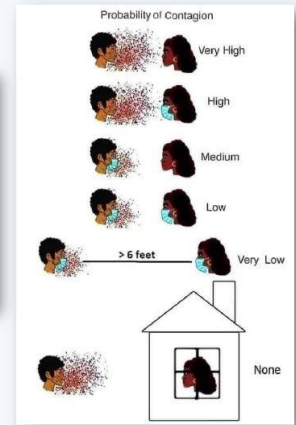
Duration: 5 minutes

Frequency: up to 3 times a Day.

Benefits: Increases the pH of blood and boost the immunity



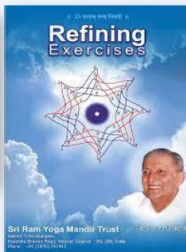
Stay at Home



References



<https://www.youtube.com/watch?v=wE3n5CN8QxM>



Websites:

<http://www.3stepbreath.com/>



<https://www.youtube.com/watch?v=2R2HEJw2OPo&t=1150s>

Stay Home, Stay Safe



GOOGLE PLAY APP STORE



<http://www.3stepbreath.com/>

Unnat Bharat Abhiyan Cell
S. V. National Institute of Technology, Surat.

By

Dr. Krupesh A. Chauhan
Coordinator UBA cell, SVNIT,
Surat, Gujarat.

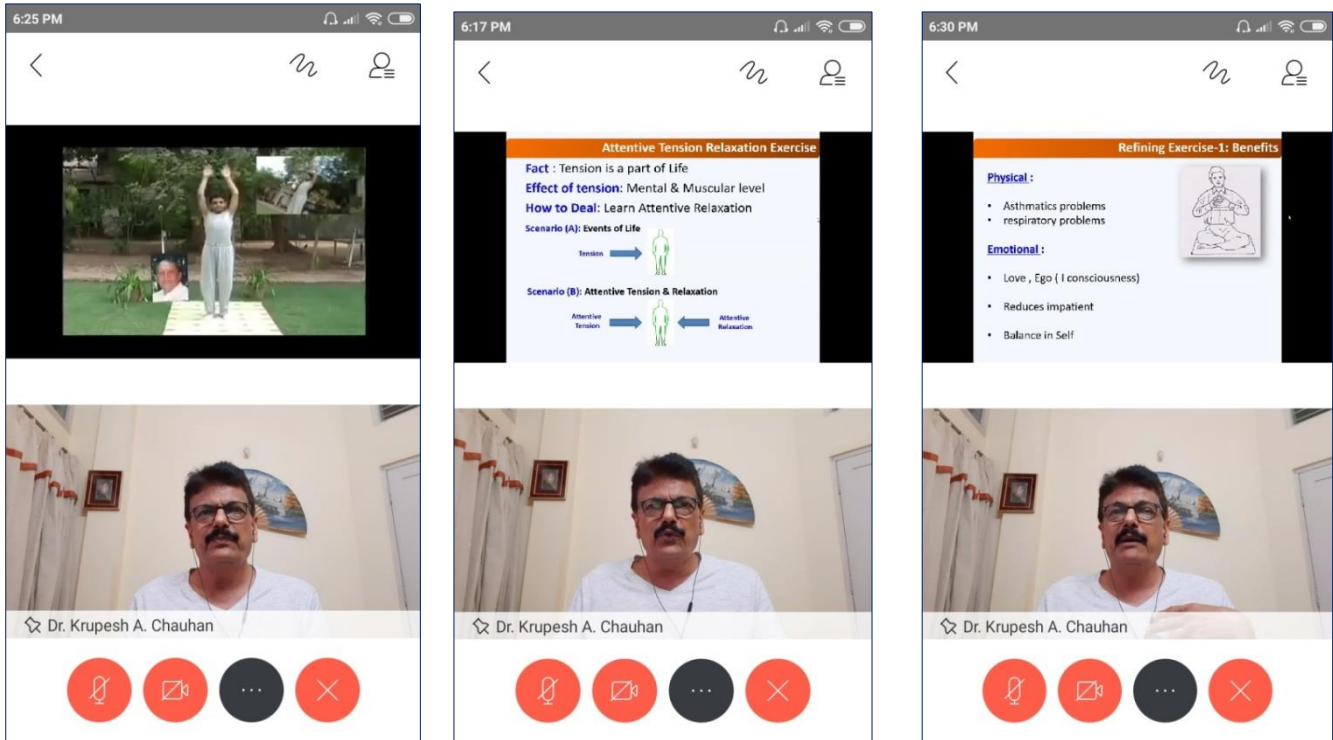
Mob:97277 12357

E-Mail – kac@ced.svnit.ac.in

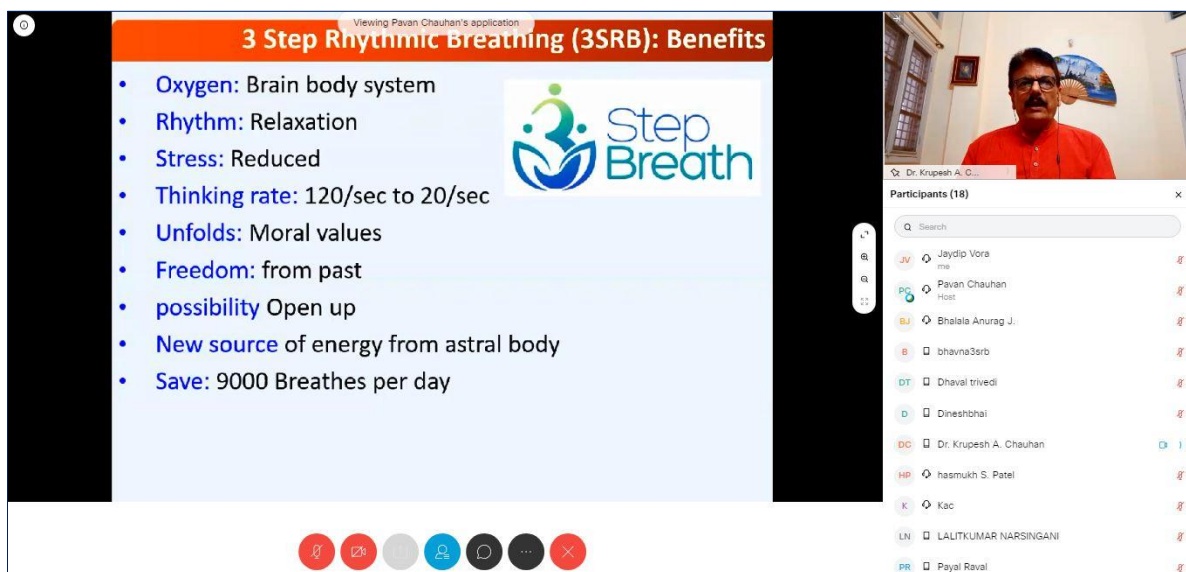
Thank You



Photographs of Webinar: “My Life My Yoga: 3 Step Rhythmic Breathing”, Atma Nirbhar Bharat & FIT India Movement” hosted by UBA Cell, SVNIT, Surat held on 2nd July, 2020



Photographs of Webinar: “My Life My Yoga: 3 Step Rhythmic Breathing”, Atma Nirbhar Bharat & FIT India Movement” hosted by UBA Cell, SVNIT, Surat on 9th July, 2020





Viewing Pavan Chauhan's application

Chandrabhedan Pranayam

Method:

- Rhythm: 36 breathes per minute

Steps:

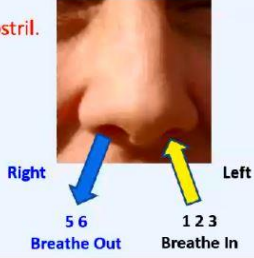
- A) block the right nostril with thumb and breathe in 1-2-3 from the left nostril.
- B) block the left nostril and breathe out 5-6 from the right nostril.
- repeat this cycle.

Note: We do not breathe in from the right nostril.

Duration: 5 minutes

Frequency: up to 3 times a Day.

Benefits: Increases the pH of blood and boost the immunity



Right Left

5 6 Breathe Out 1 2 3 Breathe In

Dr. Krupesh A. C...

Participants (18)

Q Search


- HP hasmukh S. Patel
- K Kac
- LN LALITKUMAR NARSINGANI
- PR Payal Ravai
- P purnima0505
- S shalleshsolanki19599
- SH SHILPA K HALPATI
- SF SHUBHAM FOZDAR
- TP Tandel Nilimaben Prafulbhai
- VP VIMAL NATVARBHAI PATEL
- Y ybharati48

Photographs of Webinar: “My Life My Yoga: 3 Step Rhythmic Breathing”, Aatma Nirbhar Bharat & FIT India Movement” hosted by UBA Cell, SVNIT, Surat held on 16th July, 2020


Viewing Pavan Chauhan's application

Rhythm

Refining Exercise /Swiso Rhythm: 36 Breathes Per minute



3 SRB Rhythm: 12 Breathes Per minute

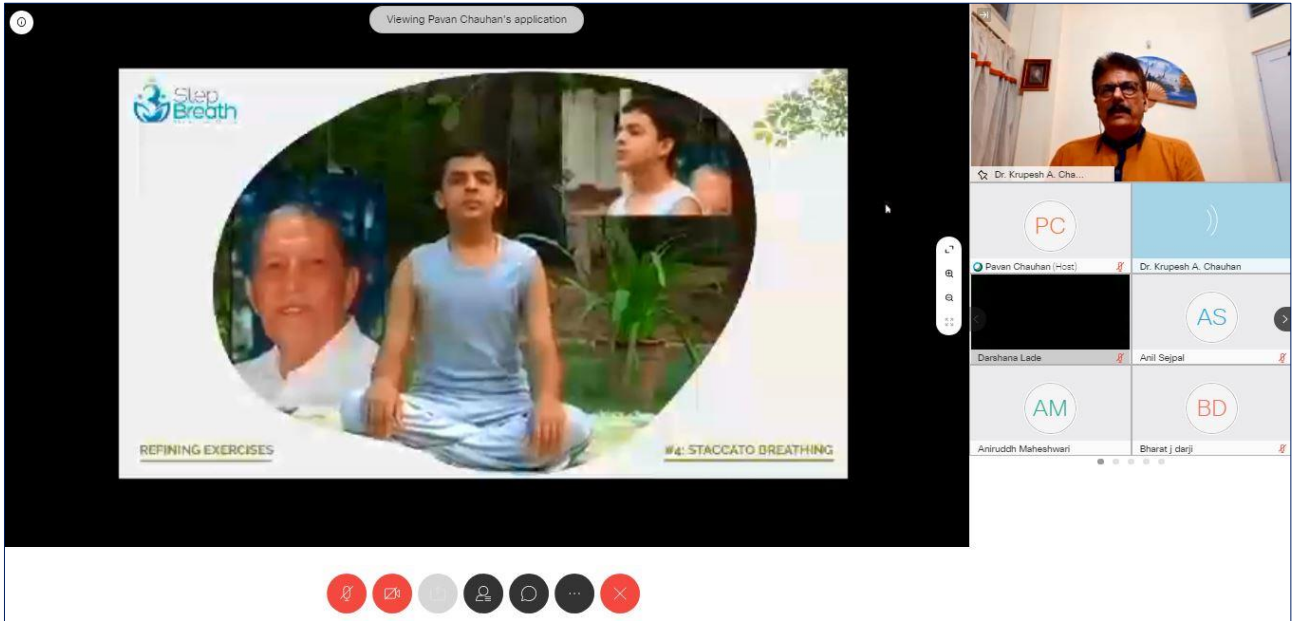


Dr. Krupesh A. Chauhan

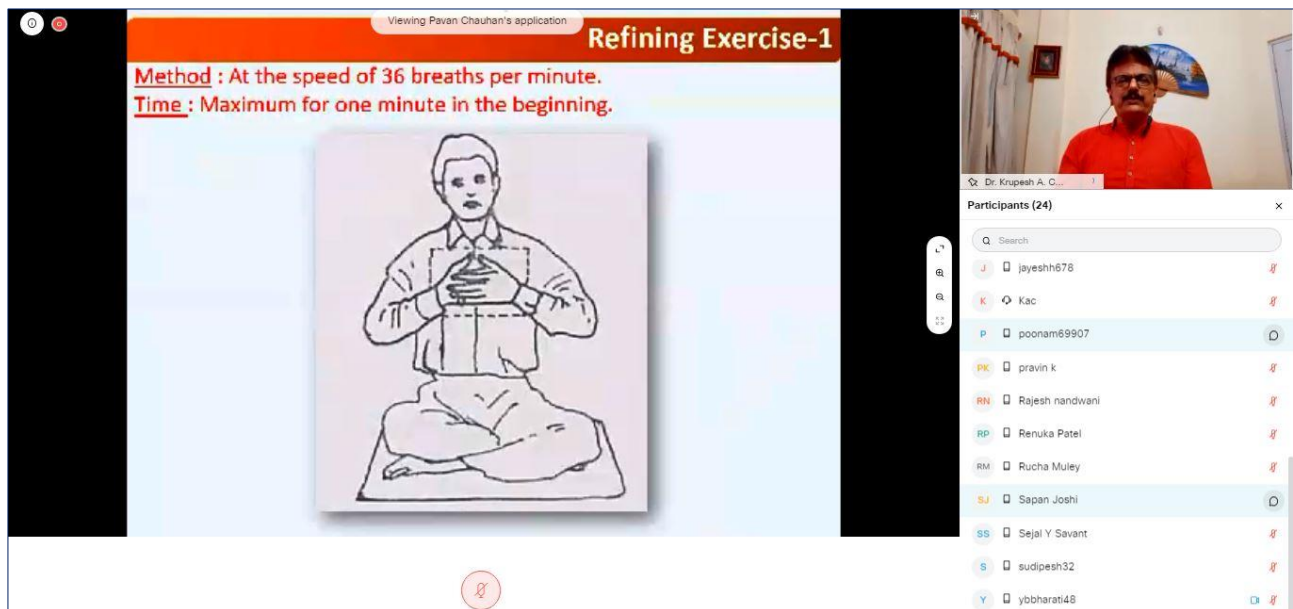
Participants (27)

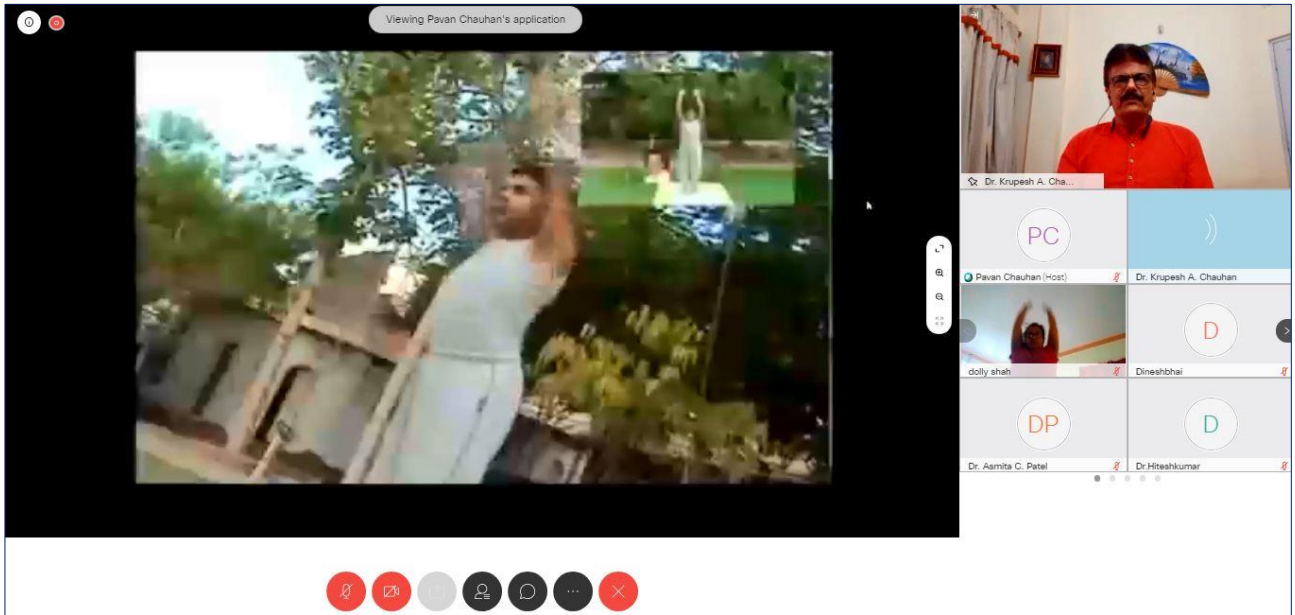
Q Search

- DS Dr Twinkle R. Singh
- DP Dr. Asmita C. Patel
- DC Dr. Krupesh A. Chauhan
- JR Jethwa Jayshri Ratilal
- K Kac
- KP Kaushik Poriya
- KP Kuldeep Patel
- N Nimesh
- ND nital doshi
- P poonam69907
- P Pravin

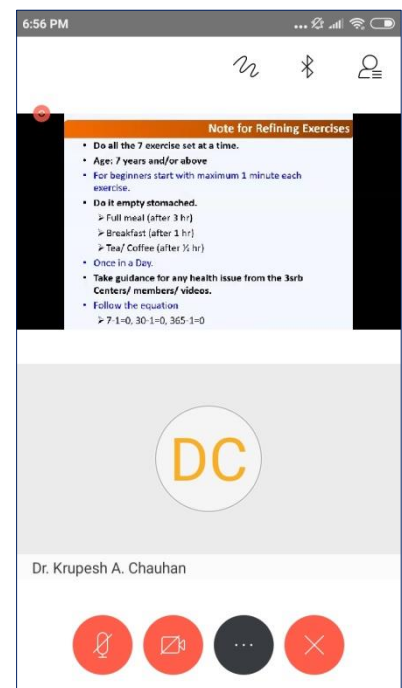
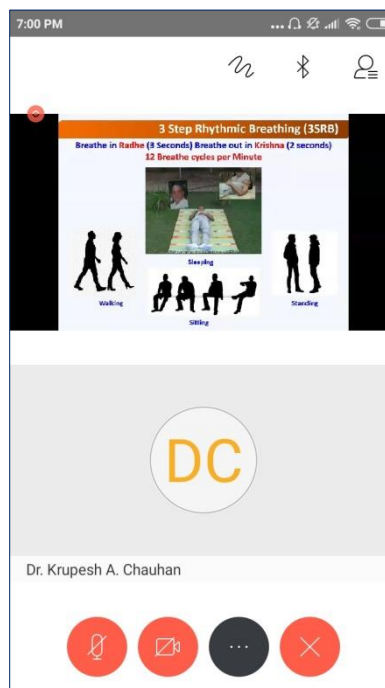
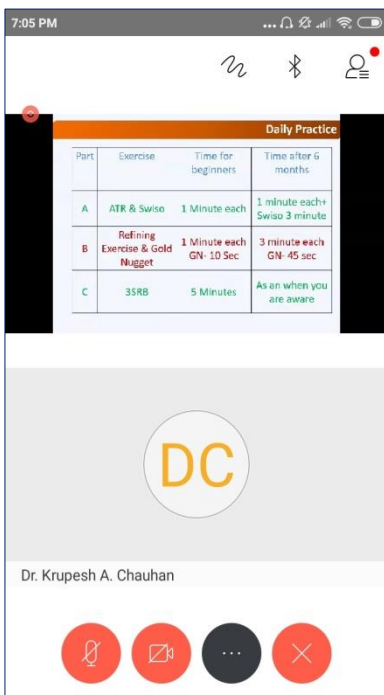


Photographs of Webinar: “My Life My Yoga: 3 Step Rhythmic Breathing”, Aatma Nirbhar Bharat & FIT India Movement” hosted by UBA Cell, SVNIT, Surat held on 23rd July, 2020





Photographs of Webinar: “My Life My Yoga: 3 Step Rhythmic Breathing”, Aatma Nirbhar Bharat & FIT India Movement” hosted by UBA Cell, SVNIT, Surat held on 30th July, 2020





ACTIVITY 2:

Title of the Activity: Visiting the Range Forest Office, Choryasi Taluka (Block), Surat District for knowing tree plantation by free saplings provided under “Van Mahotsav” Scheme of Gujarat Government and forwarding information to all villagers by making PPT and sharing into the UBA group

Need of the Activity: Providing know how regarding tree plantation with help of free saplings provided by “Van Vibhaag” under “Van Mahotsav Scheme” and sharing the “Green Gujarat” application for District wise location of available nursery.

Brief Description (Need/Impact/Action/Picture (if any)): Unnat Bharat Abhiyan Cell, SVNIT, Surat has visited the Range Forest Office of Choryasi Taluka (Block) for knowing Government schemes related to tree plantation and how to do tree plantation by free available saplings at nursery on 6th July, 2020.

The team has met with Range Forest Officer Shri G. J. Gamit sir and get all information related to step by step procedure to do plantation work and shared the information with villagers of adopted villages.

Step 1: Make a list of trees growing in adopted village / region.

Step 2: Visit the Taluka (Block) Level Range Forest Officers office corresponding block of village.

Step 3: Take the form of free saplings (if available), fill it and submit it to the range forest officer.

Step 4: The Range Forest officer will indicate the number of free seedlings for the best and nearest nursery and special plants available in the nursery for village (List of nursery is also available in Green Gujarat App

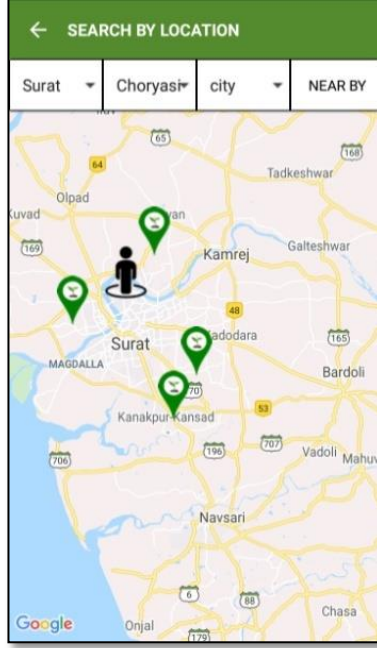
Step 5: Collect free seedlings / saplings as available in that nursery.

Step 6: Arrange the require organic fertilizer (It can be available from nearby Farmers / Gau Shala / Panjarapol

Step 7: Arrange the tools for excavation and determine the right place of planting.



Step 8: Plant trees with help of villagers and farmers and pledge to take care and nurture the planted plants like children

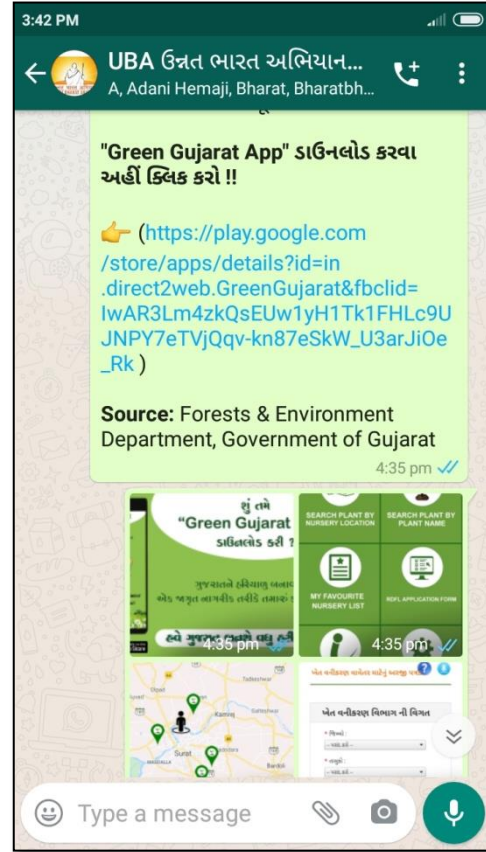


(૨૨)

સામાજિક વનીકરણ વિભાગ, સુરત જિલ્લાની કચેરી તથા તાલુકા રેંજ કચેરીઓના સરનામા

અ.નં.	હોદ્દો	નામ	ટેલીફોન અો.	ટેલીફોન રહે.
૧)	નાયબ વન સંરક્ષકશ્રી	શ્રી જે. એચ. રાઠોડ	૦૨૬૧-૨૭૩૩૮૩૧	૦૨૬૧-૨૬૬૭૨૬૫
૨)	મ.વ.સં.શ્રી, સા.વ.યો., સુરત.	શ્રી એમ. એસ. કટારા	૦૨૬૧-૨૭૩૩૮૩૧	

અ.નં.	કચેરીનું નામ	સરનામું	કાર્યક્ષેત્ર	ટેલીફોન નં.
૧)	પરિક્ષેત્ર વન અધિકારી ચોર્યાસી	પરિક્ષેત્ર વન અધિકારીની કચેરી-બ્લોક એ, આઠમો માળ, બહુમાળી, નાનપુરા, સુરત.	ચોર્યાસી તા.	૦૨૬૧-૨૪૬૫૪૨૭
૨)	પરિક્ષેત્ર વન અધિકારી ઓલપાડ	તાની બાજુમાં, કીમ રોડ, ઓલપાડ.	ઓલપાડ તા.	૦૨૬૨૧-૨૨૨૧૨૮
૩)	પરિક્ષેત્ર વન અધિકારી કામરેજ	નવસર્જન સોસા. સામે, કામરેજ ચાર રસ્તા, કામરેજ	કામરેજ તા.	૦૨૬૨૧-૨૫૧૭૦૨
૪)	પરિક્ષેત્ર વન અધિકારી પલસાણા	નહેર કોલોની, પલસાણા.	પલસાણા તા.	૦૨૬૨૨-૨૬૪૨૮૪
૫)	પરિક્ષેત્ર વન અધિકારી બારડોલી	મુ. તેન, પો. જીઆઈડીસી, સુરત. ધુલીયા રોડ, બારડોલી	બારડોલી તા.	૦૨૬૨૨-૨૨૦૮૮૪
૬)	પરિક્ષેત્ર વન અધિકારી મહુવા	ચાલીસ ગાળા કરચેલીયા, તા. મહુવા	મહુવા તા.	૦૨૬૨૫-૨૫૬૫૮૪
૭)	પરિક્ષેત્ર વન અધિકારી માંડવી	“વન દર્પણ” કોલોની, બસ ડેપોની પાછળ, માંડવી.	માંડવી તા.	૦૨૬૨૩-૨૨૧૧૮૭
૮)	પરિક્ષેત્ર વન અધિકારી માંગરોળ	ભરડીયા જીન પાસે, માંગરોળ, મુ. પો. મોસાલી.	માંગરોળ તા.	૦૨૬૨૮-૨૨૦૨૬૭



ACTIVITY 3:

Title of the Activity: Online meeting with Junagam, Gram Panchayat regarding lake development and implementation of Swachh Bharat Mission including Solid Waste Management in Junagam Village on 14 July, 2020.

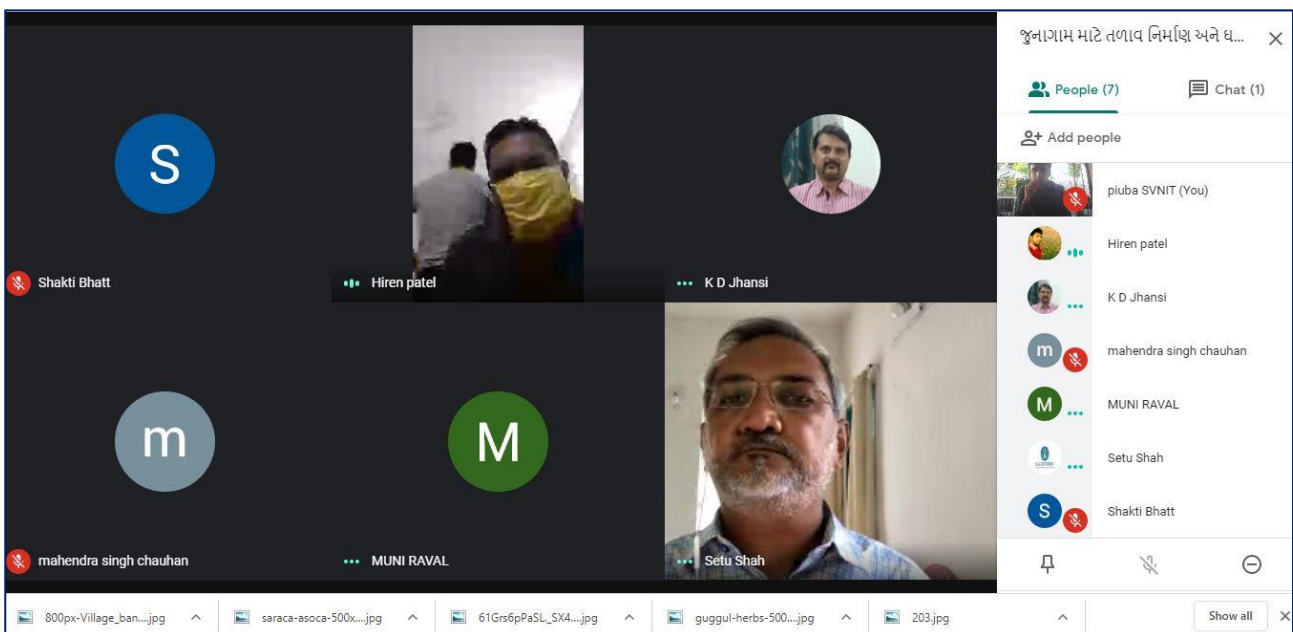
Need of the Activity: To know the basic lake and solid waste management requirement of Junagam Village and interaction between subject expert faculty members of UBA Cell, SVNIT, Surat, subject expert resource person with Junagam Gram Panchayat

Brief Description (Need/Impact/Action/Picture (if any)): Unnat Bharat Abhiyan Cell, SVNIT, Surat has organised online meeting via Google Meet with Junagam Gram Panchayat regarding lake development and solid waste management system in Junagam Village. Dr. P. V. Timbadia and Dr. K. D. Yadav from UBA Cell, SVNIT, Surat and subject expert Dr. Muni Raval, Mr. Setu Shah (Resource person, UBA Cell, SVNIT, Surat) had interacted with Sarpanch Shri Bhagubhai Patel regarding requirement.

In the conclusion of meeting it was decided to make all basic surveys with help of villagers and handed over to subject expert by end of July, 2020 for making of Lake



Development . For Solid Waste Management plan, it was decided that first of all the Gram Panchayat will start collecting primary segregated wet (Bio-degradable) and dry (Bio Non-degradable) waste from all households and sources within village and segregation treatment at dump site with proper fencing, covering and shed.





ACTIVITY 4:

Title of the Activity: E-Certification submitting to school students of Drawing competition “Unnat Drawing Competition” of UBA adopted villages to creating awareness and fight against COVID-19, released on 7th May, 2020

Need of the Activity: Unnat Bharat Abhiyan Cell, SVNIT, Surat has organized a Drawing Competition in this school students have to make their own drawing which includes safety and precautionary topics to stop spreading of Corona Virus. For motivating school students of UBA adopted village, UBA Cell, SVNIT, Surat has provided E-Certificate to all participants of competition “Unnat Drawing Competition”.

Brief Description (Need/Impact/Action/Picture (if any)):

Unnat Bharat Abhiyan Cell, SVNIT, Surat organizes a “Unnat Drawing Competition” * to raise awareness about the Government's guidelines for preventing the spread of Corona virus and invites all students to participate.

In this drawing competition, students will have to draw from their home, present page, pen, pencil / colour

In the "Drawing Competition" students can create and send a drawing on the following safety and precautionary topics using the pen, pencil, colour present on the A2 Size / Full Scape page.

- 1) Stay home, be safe.
- 2) Wear a safety mask.
- 2) Do not go to crowded places and create safety social distance and follow.
- 3) Cover mouth when sneezing or coughing.
- 4) Wash hands thoroughly frequently.
- 5) Download the “Arogya Setu” app.
- 6) To follow the guidelines given by the Ministry of AYUSH to increase immunity.
- 7) Drink warm water during the day.
- 8) Steam with hot water.
- 9) Eat light and fresh hot food.



Apart from this, Unnat Bharat Abhiyan Cell, SVNIT, Surat has request to send prepared drawings.

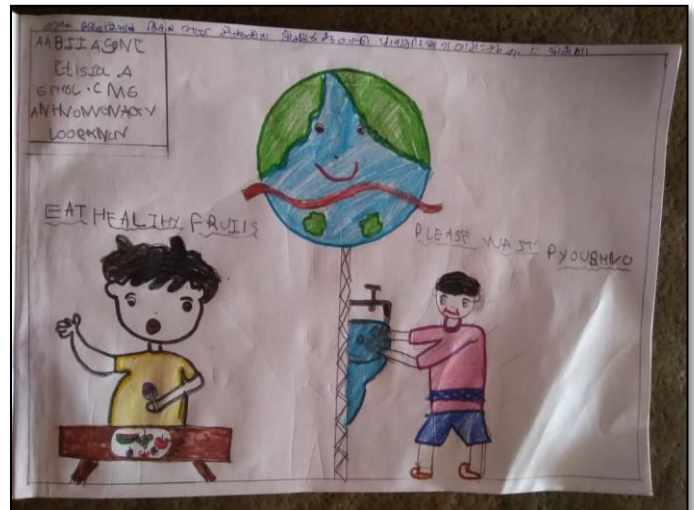
All the students participating in this competition should mention the following information in the picture

- 1) His own name
- 2) Standard
- 2) Attendance number
- 2) Name of the school
- 2) Write the name of the village

All the students participating in the drawing competition will be given a certificate from Unnat Bharat Abhiyan Cell, SVNIT, Surat after the commencement of school.

UBA Cell, SVNIT, Surat has got following drawings from “Unnat Drawing Competition” and given the E-Certificates to all the participants.









उन्नत भारत अभियान
UNNAT BHARAT ABHIYAN

सरदार वल्लभभाई राष्ट्रीय प्रौद्योगिकी संस्थान, सूरत, गुजरात, भारत - ३९५००७
SARDAR VALLABHBHAI NATIONAL INSTITUTE OF TECHNOLOGY, SURAT, GUJARAT, INDIA - 395007
www.svnit.ac.in

“उन्नत चित्रस्पर्धा”
सहभागिता प्रमाणपत्र
आ प्रमाणित करे छे के

मानवकुमार मुकुंदभाई पटेल

धो. उ. जिल्ला पंचायत संयलित प्राथमिक शाळा, सुवाली गाम प्राते उन्नत भारत अभियान, येस.वी.येन.आछ.टी, सुरत
द्वारा आयोजित “उन्नत चित्रस्पर्धा” मां पोतनी धरे रहीने उत्साहपूर्वक भाग लछेने कोरोना वाछरसथी बयवा
अने लडवा माटे लोक जागृति माटे षुब सुंहर चित्र बनावीने सहभागी थया छे.
प्रत्येक गुजरातीनो द्रढे संकल्प


डो. श्वेता. येन. शाह
सह- संकलंकार, यु.बी.ये सेल, येस.वी.येन.आछ.टी, सुरत


डो. कुपेश. ये. चौहाण
संकलंकार, यु.बी.ये सेल, येस.वी.येन.आछ.टी, सुरत

ACTIVITY 5:

Title of the Activity: Online meeting via. Google Meet of Faculty members, UBA Cell, SVNIT, Surat on 24th July, 2020.

Need of the Activity: Unnat Bharat Abhiyan Cell, SVNIT, Surat has organized online meeting using Google meet platform for all faculty members of UBA Cell to review the ongoing work progress status and planning of future activities by UBA Cell, SVNIT, Surat

Brief Description (Need/Impact/Action/Picture (if any)): Unnat Bharat Abhiyan Cell, SVNIT, Surat has organised faculty members online meeting to review ongoing work progress and planning of future UBA activities. Total 7 members were present in meeting.

The meeting was started with welcome speech was given by Dr. Krupesh A. Chauhan, Coordinator, UBA Cell, SVNIT, Surat. He has said that team wise UBA work has allotted among all UBA faculty members and according to work suggested by group discussion as in previous meeting. The file was share by mail to each faculty members.



Dr. Bhavesh N. Gohil has represented team Maa Saraswati (Education) and said that he and student members of team Maa Saraswati has been doing review and assessment of 5 Government primary schools of adopted villages and based on that they will make school infrastructure development project proposals.

Dr. Khyati D. Mistry has represented team Surya (Sustainable Energy) has described ongoing work that making of PPT on “SURYA-Gujarat” scheme of Government of Gujarat and will be shared to all villagers by Whatsapp group.

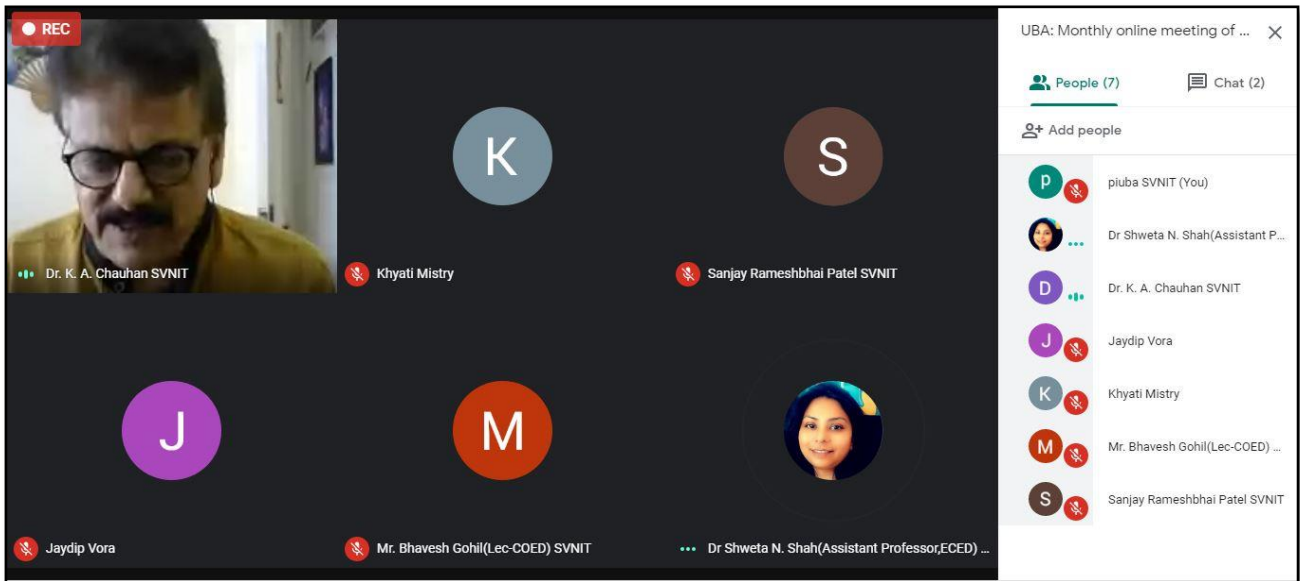
Dr. Manish K. Rathod and Dr. Shweta N. Shah represented team Shakti (Livelihood & Entrepreneurship) and described ongoing activities of mask making, hand sanitizer making by SHG women group (Sakhi Mandal), they have shared the W.H.O. Guidelines to UBA Whatsapp group.

Dr. Sanjay R. Patel represented team Bhumi (Agriculture & Organic Farming) has described the activities related to webinar held on “Farm to Pharmacy: Organic Farming, Medicinal & Herbal Farming, Post Harvest technology and Value addition” held on 9th to 11th May, 2020. Based on response he and student team is working on soil health card scheme and will be circulated among adopted village farmers by Whatsapp.

They have also suggested to use pest control pump which has been using by village farmers in agriculture for disinfection of COVID-19 places as and when required by all 5 adopted village Gram Panchayats and Villagers. For creating awareness and circulating standard procedure of using Sodium Hypochlorite as disinfectant as per guidelines provided by Ministry of Health and Family Welfare, Government of India there must be given the letter to all Gram Panchayat. After meeting UBA Cell, SVNIT, Surat has circulated guidelines and letter to all GPs.

Dr. Krupesh A. Chauhan has represented team Pruthvi (Health & Environment) and described that he used to taking webinar entitled “My Life My Yoga: 3 Step Rhythmic Breathing” for improving total health (Physical and Mental both) on every Thursday since past two months for all Villagers, Faculty members and Students all over the country. He has given same plan for upcoming two months.

Dr. Krupesh A. Chauhan, Coordinator of UBA Cell, SVNIT, Surat has concluded the Faculty members meeting by giving vote of thanks to all participants and announced that regular faculty meeting on Friday of every month's second last week



ACTIVITY 6:

Title of the Activity: Taking map of UBA adopted villages from District Land Record Office, Surat District

Need of the Activity: Unnat Bharat Abhiyan Cell, SVNIT, Surat need the map of UBA adopted villages for planning of various UBA activities like Lake development at Junagaam Village, Solid and Liquid waste management for all 5 villages etc.

Brief Description (Need/Impact/Action/Picture (if any)): Unnat Bharat Abhiyan Cell, SVNIT, Surat has required map of adopted villages. For getting map from Surat District Land Record Office, UBA Cell, SVNIT, Surat has visited the office and due to COVID-19, it was unable to maps from office till 31st July, 2020. So, UBA Cell, SVNIT, Surat will be get maps of all 5 adopted villages from DLRO, Surat District in month of August, 2020



ACTIVITY 7:

Title of the Activity: Sharing of Useful information to all villagers, faculty members and student group of Unnat Bharat Abhiyan on Whatsapp.

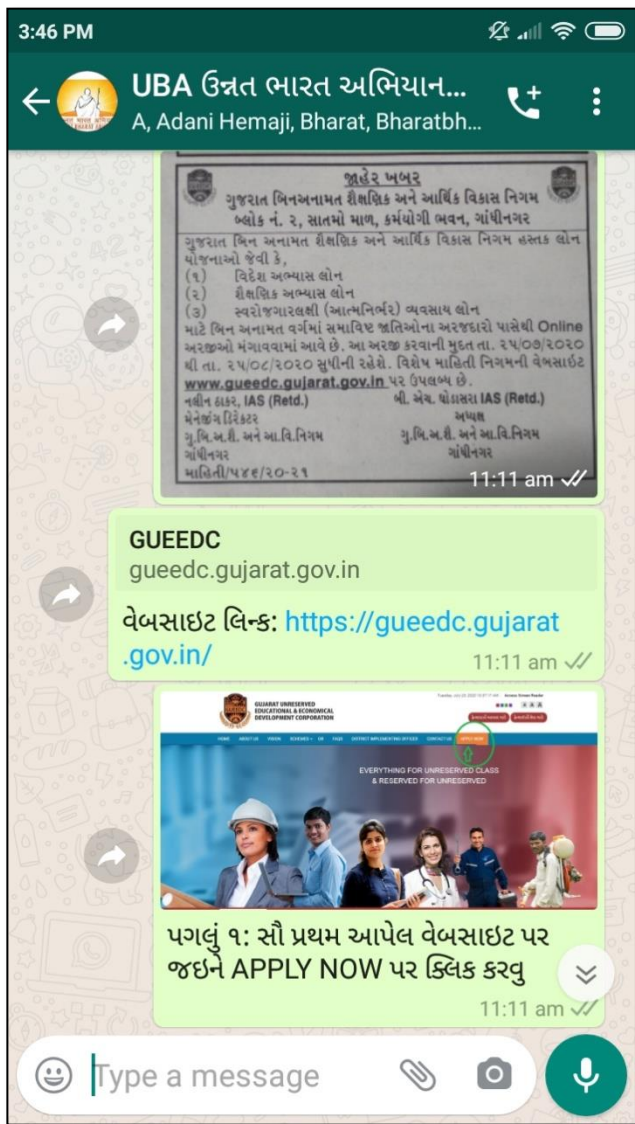
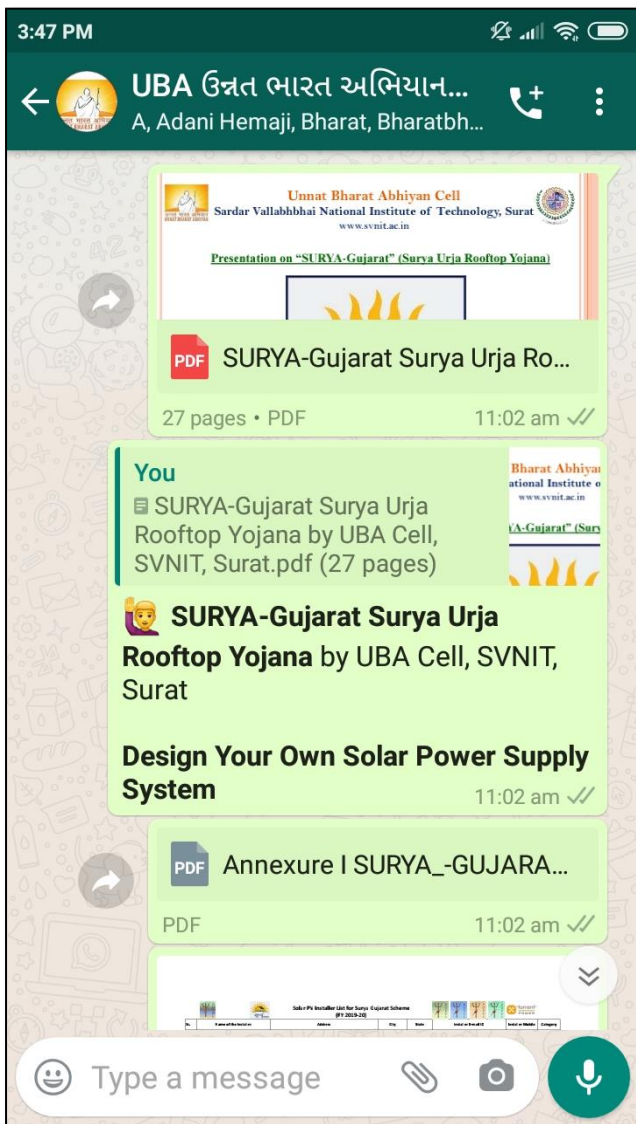
Need of the Activity: Need to circulate important information like “SURYA-Gujarat” Scheme of Gujarat Government and “Gujarat Unreserved Educational & Economical Development Corporation” etc. in form of PPTs and letter to all villagers through Gram Panchayat.

Brief Description (Need/Impact/Action/Picture (if any)): Team Surya, Unnat Bharat Abhiyan Cell, SVNIT, Surat has made PPT on “SURYA-Gujarat” (Surya Urja Rooftop Yojana) with guided by UBA faculty member Dr. Khyati D. Mistry and shared all



information and step by step design procedure of Solar System installation to Villagers by Whatsapp group.

Unnat Bharat Abhiyan Cell, SVNIT, Surat has also shared the information regarding application submission for “Swanirbhar Loan” as financial assistance by all needy applicants from all over Gujarat. So that all needy villagers can also fill and submit the loan application through Gujarat Unreserved Educational & Economical development Corporation



ACTIVITY 8:

Title of the Activity: Telephonic review and guidance for awareness and preventive measures from Corona Virus COVID-19 in UBA adopted villages



Need of the Activity: Need to circulate important information like making of Hand Sanitizer and Disinfectants with help of Sodiam Hypochlorite chemical and review the ongoing preventive measures took by Gram Panchayats to fight against Corona Virus COVID-19.

Brief Description (Need/Impact/Action/Picture (if any)): Unnat Bharat Abhiyan Cell, SVNIT, Surat is doing regularly telephonic conversation with Sarpanch of all 5 adopted villages regarding preventive and precautionary measures taken by Gram Panchayat and also shared awareness guidelines to disinfection of COVID-19 places and using of touch free automatic hand sanitizer machines at PHCs, School, GP, every shop and offices by writing letters to Village Gram Panchayats.







ઉન્નત ભારત અભિયાન સેવ

એસ.વી.એન.આઈ.ટી, સુરત



નંબર: એસ.વી.એન.આઈ.ટી / ઉન્નત ભારત અભિયાન / ૧૯૪ / ૨૦૨૦ તા. ૨૮ જુલાઈ, ૨૦૨૦
પ્રતિ,
શ્રીમતિ નયનાબેન
સરપંચ શ્રી
સુંવાલી ગામ, તા. ચોર્યાસી, જી. સુરત

વિષય: કોરોના વાઇરસ કોવીડ-૧૯ થી સુરક્ષાનાં પગલાં લેવા બાબત

નમસ્કાર,

ઉન્નત ભારત અભિયાન સેવ એસ.વી.એન.આઈ.ટી, સુરત અને સુંવાલી ગામ ગ્રામ પંચાયત ની સહિયારી ભાગીદારીથી કોરોના વાઇરસ કોવીડ-૧૯ થી સુરક્ષાનાં પગલાં લેવા માટે

૧) જ્યારે ગામમાં કોઈ પણ જગ્યાએ સેનીટાઇઝેશન કરવું હોયતો ખેતીકામ માં વપરાતું પંપ મશીન વાપરવું અને આ માટે જરૂરી કેમિકલ મિશ્રણની માહિતી ઉન્નત ભારત અભિયાન સેવ, એસ.વી.એન.આઈ.ટી, સુરત ઉપલબ્ધ કરાવશે.

૨) સ્પર્શરહિત આપમેળે સંચાલિત હેન્ડ સેનિટીઝ કરવા માટે ગ્રામ પંચાયતભવન, હેલ્થ સેન્ટર, ઓફિસ, દુકાન પર વપરાતું મશીન (સંદર્ભ ફોટો જુઓ) ગ્રામ પંચાયતે મુકવાનું રહેશે અને તેની માટેની જરૂરી માહિતી ઉન્નત ભારત અભિયાન સેવ, એસ.વી.એન.આઈ.ટી, સુરત ઉપલબ્ધ કરાવશે.

ઉપરોક્ત બંને સુરક્ષા કવચ માટે જરૂરી અનુદાનની વ્યવસ્થા ગ્રામ પંચાયત અને ગામજનો દ્વારા કરવાની રહેશે. આ માટે જરૂરી માહિતી મેળવવા માટે ગ્રામ પંચાયતે ઉન્નત ભારત અભિયાન સેવ, એસ.વી.એન.આઈ.ટી, સુરતને જાણ કરવા નમ્ર વિનંતી.

વધુ માહિતી માટે સંપર્ક કરો: જયદીપ વોરા: +૯૧ ૭૫૬૭૪ ૨૪૬૫૧

સહકાર ની અપેક્ષા સહ

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ડો. કૃપેશ એ. ચૌહાણ
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એસ.વી.એન.આઈ.ટી, સુરત

નકલ સદર રવાના પ્રતિ: તલાટીશ્રી, સુંવાલી ગામ, તા. ચોર્યાસી, જી. સુરત



Next action plan:

Sr. No.	Activity to be conducted (along with reason) in month of August, 2020
1	Webinar on “My Life My Yoga: 3 Step Rhythmic Breathing”, FIT India Movement on every Thursday at evening 6:00 pm onwards for strengthening total health and boosting the immunity system.
2	Webinar on “ Women Empowerment by Social Entrepreneurship” for SHG women of UBA adopted villages
3	Webinar for participants of “Unnat Project: "Vocal for Local" campaign to become "Aatma Nirbhar Citizen of Bharat"
4	Making and reporting of Solid Waste Management: “Swachh Bharat Mission”
5	Working on “Jal Shakti Abhiyan” through lake development at Junagam Village
6	Webinar on “Government Schemes” for UBA villagers and Institutes.

Dr. Shweta N. Shah
Co-coordinator,
UBA Cell, SVNIT, Surat

Dr. Krupesh A. Chauhan
Coordinator,
UBA Cell, SVNIT, Surat